



Meeting the Unique Needs of Aging Veterans

The Department of Veterans Affairs
VA Heartland Network – VISN 15

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What is the VA?

Department of Veterans Affairs

Veterans Health Administration (VHA)

America's Largest Integrated Health Care System

1321 health care facilities

172 Medical Centers

1138 Clinics

[About VHA - Veterans Health Administration \(va.gov\)](https://www.va.gov/vha)

Veterans Benefit Administration (VBA)

Disability Pension

Survivor's Pension

Rehabilitation

Employment & Education

[About VBA - Veterans Benefits Administration \(va.gov\)](https://www.va.gov/vba)

National Cemetery Administration (NCA)

Veterans and eligible family members provided with final resting places that commemorate their service and sacrifice

[Facts About the National Cemetery Administration - National Cemetery Administration \(va.gov\)](https://www.va.gov/nca)



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National Numbers FY 2023

Veterans in America - 18.1 million

Veterans
enrolled for
VA Care:
9.1 million

Veterans
receiving
care at VA:
6.2 million

Veterans
over age 65:
4.4 million

Between 2019 and 2039, there will be a 534% increase in P1A*
Veterans receiving VA care

*P1A = Veteran with a 70 percent or greater service-connected disability or who require nursing home care because of a service-connected disability



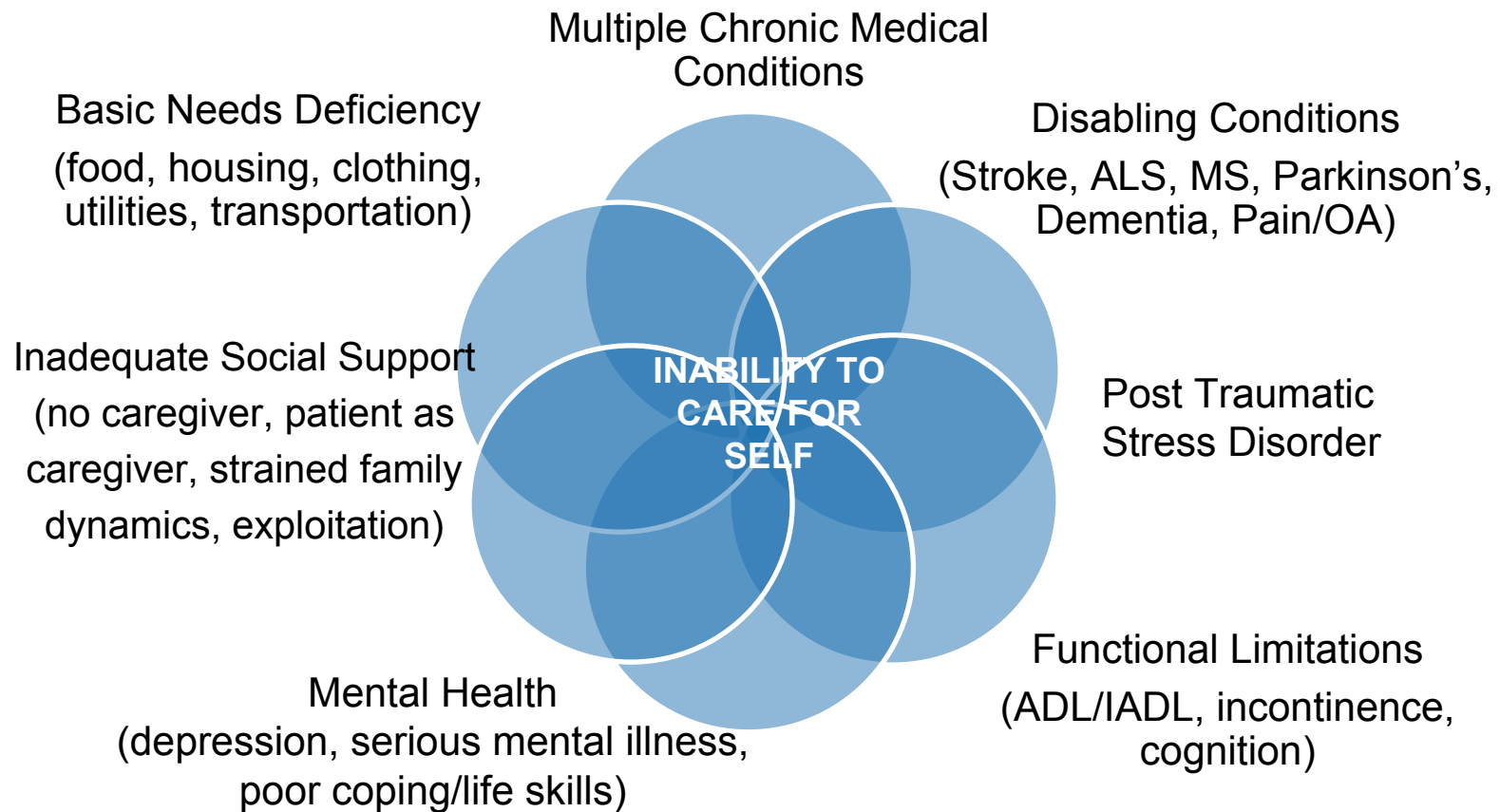
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Veterans Needs are Complex



The Aging In Place Initiative

Expansion of Home and
Community Based Services

Strengthen Veteran
Community
Partnerships

Remain at Home or in
the Least Restrictive
Environment

Caregiver Support
Program

Adult Day Health Care
& Respite Care



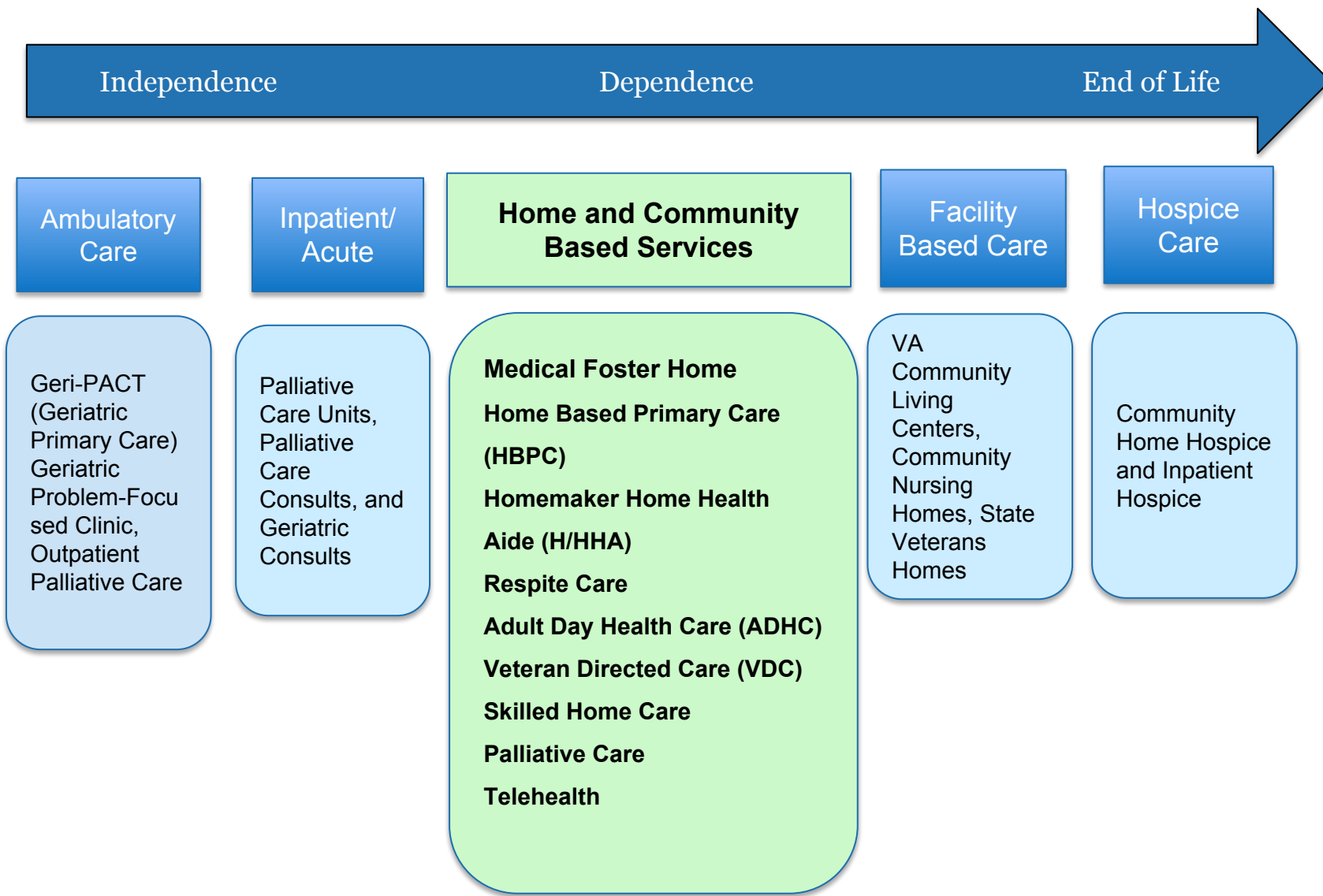
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Geriatrics and Extended Care (GEC) Programs



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Medical Foster Home in the National News

How aging veterans are treated like family at medical foster homes - CBS News



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Medical Foster Homes are Unique

- Affordable alternative to nursing home care
- The caregiver's primary residence
- No more than 3 Veterans per home
- Private bedroom for every Veteran
- Veterans receive 24/7 supervision
- Caregivers are trained to meet the unique psychosocial needs of Veterans
- Homemade Meals & Individualized Recreational/Social Opportunities



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Foster Families



- Have compassionate and caring hearts
- Come from all walks of life and backgrounds (medical backgrounds are not required)
- Receive ongoing training and support from VA
- Collaborate with VA Staff and Home Based Primary Care (HBPC)

Home Based Primary Care (HBPC)

- A primary care team that goes to the Veteran's home instead of requiring a clinic visit
- For Veterans who need team based in-home support for ongoing diseases and illnesses that affect their health and daily activities
- These Veterans have difficulty making and keeping clinic visits because of their illness
- Is also for Veterans who are isolated or whose caregivers are experiencing burden
- HBPC can be used in combination with other Home and Community Based Services



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Homemaker & Home Health Aide (H/HHA)

- Designed to help Veterans remain in their home
- A trained person who can come to the Veteran's home and help with self care and daily activities.
- This person is supervised by a nurse and works for an organization that contracts with VA
- Can also serve Veterans who are isolated or whose caregiver is experiencing burden
- Can be used in combination with other Home and Community Based Services



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Respite Care

- For Veterans who need help with activities of daily living whose caregiver is experiencing burden
- Home respite pays for a person to come to the Veteran's home or for a Veteran to go to an adult day health program while their family member takes a break
- Nursing Home Respite pays for a Veteran to go to a nursing home while the family takes a break
- Can be used in combination with other Home & Community Based Services



Adult Day Health Care (ADHC)

- Program where Veterans can go during the day for social activities, peer support, companionship, and recreation
- For Veterans who need help with activities of daily living, are isolated or whose caregiver is experiencing burden
- Can be used in combination with other Home & Community Based Services



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Veteran Directed Care (VDC)

- Allows Veterans to receive the Home and Community Based Services they need in a consumer-directed way
- For Veterans who need personal care services and help with activities of daily living
- Veterans are provided a budget for services that mis managed by the Veteran. With the help of a counselor, Veterans hire their own workers to meet their daily care needs to help them remain at home.



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Home & Community Based/Purchased Care Services

Purchased Care Services require an assessment to screen for eligibility.

What is Homemaker/Home Health

Aide (H/HHA)?

H/HHA is a home based, hands on personal care assistance program to help Veterans remain at home. Aide must assist with personal care tasks. H/HHA is designed to assist with personal care and not home chores. H/HHA has no cost.

What is Respite?

Respite is a home based supervision and assistance program designed to provide a break for a Veteran's caregiver. Aides may assist with ADLs as needed. Respite has a possible co-pay for Veterans less than 10% SC.

What is Adult Day Health Care (ADHC)?

ADHC is a community based day care program to provide respite for caregivers and/or socialization for the Veteran. ADHC is offered for full or half days of care. ADHC has a possible co-pay for Veterans less than 10% SC.

What is not included in Purchased Care Services?

- Transportation
- Only receiving housekeeping, cooking, or errands
- Medical tasks and monitoring
- Home care (yard work, snow removal, etc.)
- Pet care
- Providing care and assistance for anyone other than the Veteran

Type of Support	H/HHA	Respite	ADHC
In-Home	✓	✓	
Bathing	✓		✓
Dressing	✓	✓	✓
Grooming	✓		
Toileting	✓	✓	✓
Mobility	✓	✓	✓
Transfers	✓	✓	✓
Meal Preparation	✓		
Meal/Snack		✓	✓
Supervision		✓	✓

VA Medical Centers in Missouri

Columbia: Harry S Truman Memorial Veterans Hospital:

573-814-6000

[About Us](#) | [VA Columbia Missouri Health Care](#) | [Veterans Affairs](#)

Kansas City: Kansas City VA Medical Center:

816-861-4700

[VA Kansas City Health Care](#) | [Veterans Affairs](#)

Poplar Bluff: John J Pershing Veterans Administration Medical Center:

573-686-4151

[VA Poplar Bluff Health Care](#) | [Veterans Affairs](#)

St. Louis: John J Cochran Veterans Hospital:

314-652-4100

[About Us](#) | [VA St Louis Health Care](#) | [Veterans Affairs](#)

St. Louis: St. Louis VA Medical Center – Jefferson Barracks:

314-652-4100

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Questions?

For more information:

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Become a Medical Foster Home **caregiver.**

You can help **Veterans.**



Learn more about VA's Medical Foster Homes by simply scanning the QR code with your smartphone.

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References and Additional Resources

Department of Veterans Affairs Directory: [Find Locations - Locations \(va.gov\)](#)

Department of Veterans Affairs Missouri Locations: [Missouri - Locations \(va.gov\)](#)

National Center for Veterans Analysis and Statistics: [State/Territories Summary Reports - National Center for Veterans Analysis and Statistics \(va.gov\)](#)

US Department of Veterans Affairs State Summaries: [NCVAS State Summary Landing Page | Department of Veterans Affairs Open Data Portal](#)

Department of Veterans Affairs Fiscal Years 2022-2028 Strategic Plan
[va-strategic-plan-2022-2028.pdf](#)

Four Decades Later: Vietnam Veterans and PTSD [The VVA Veteran, a publication of Vietnam Veterans of America](#)

VA Caregiver Support Program: [VA Caregiver Support Program Home](#)

PACT Act:

Veteran Decision Aid for Care at home or in the Community: [Veteran Decision Aid.pdf \(va.gov\)](#)

VHA Train: [Home - VHA TRAIN - an affiliate of the TRAIN Learning Network powered by the Public Health Foundation](#)

How To Apply for VA Health Care: [How To Apply For VA Health Care | Veterans Affairs](#)

VA Information Line (24/7): 1-800-698-2411

VA Benefits Hotline (Mon-Friday 8:00am-5:00pm): 800-827-1000

VA Health Benefits Hotline (Mon-Friday 8:00am-5:00pm): 877-222-8387



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